

# HEALTHY IMMUNITY NIGHTTIME

## 28 GUMMIES

Directions: Adults take two (2) gummies per day, 30-60 minutes before bedtime. May be taken with or without food.

### Supplement Facts

Serving Size 2 Gummies  
Servings Per Package 14

Amount per 2 Gummy Serving	% Daily Value	
Calories	20	
Total Carbohydrate	5 g	2%†
Sugars	3 g	**
Includes 3 g Added Sugars		6%†
Vitamin C (as ascorbic acid USP)	120 mg	133%
Vitamin D3 (as cholecalciferol USP)	25 mcg	125%
Vitamin B-6 (as pyridoxal-5-phosphate)	1 mg	59%
Vitamin B-12 (as methylcobalamin)	0.48 mcg	20%
Zinc (as zinc citrate USP)	5 mg	45%
Sodium	15 mg	1%
L-Theanine	35 mg	**
Melatonin	2 mg	**
Baker's Yeast Beta Glucan Extract (M-Gard®)	200 mg	**
<i>Bacillus coagulans</i> LactoSpore® 1 Billion CFU	10 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Pectin, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Maqui Berry Juice Concentrate), Sodium Citrate, Citric Acid, Organic Sunflower Oil, Carnauba Wax, Corn Starch.