

ADULT MINERAL FORMULA

60 GUMMIES

Directions: For adults, take two (2) soft chews daily. May be taken with or without food. Do not exceed one (1) serving per day.

Supplement Facts

Serving Size 2 Soft Chews

Servings Per Container 30

Amount Per 2 Soft Chew Serving	% Daily Value	
Calories	35	
Total Fat	< 1 g	1%
Total Carbohydrate	6 g	2%†
Sugars	3 g	**
Includes 3 g Added Sugars		6%†
Vitamin C (as ascorbic acid)	45 mg	50%
Vitamin D (D-3 as cholecalciferol)	15 mcg (600 IU)	75%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	3 mg	20%
Calcium (as calcium citrate)	150 mg	12%
Magnesium (as magnesium citrate)	250 mg	60%
Zinc (as zinc citrate)	5 mg	45%
Selenium (as sodium selenite)	55 mcg	100%
Copper (as cupric sulfate)	0.09 mg	10%
Manganese (as manganese amino acid chelate)	1.15 mg	50%
Chromium (as chromium niacinate)	50 mcg	143%
Molybdenum (as molybdenum amino acid complex)	30 mcg	67%
Boron (as boron citrate)	3 mg	**
Vitamin K2 (as menaquinone-7)	24 mcg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Rice Syrup, Organic Cane Sugar, Natural Flavors, Sunflower Oil, Sunflower Lecithin, Colors Added (Hibiscus and Black Carrot Juice Concentrates), Glycerin, Citric Acid, Stevia Leaf Extract, Vegetable Mono- and Diglycerides.